



# SUMMER 2017/2018 VACATION CARE

# MENU

## WEEK 4



Monday 15 January	Tuesday 16 January	Wednesday 17 January	Thursday 18 January	Friday 19 January
<i><b>Beach Day At Clareville</b></i>	<i><b>Cooking Day</b></i>	<i><b>Flip Out!</b></i>	<i><b>Inflatable World</b></i>	<i><b>Waterbomb &amp; Games Day</b></i>
<p><b>Morning Tea</b> Fruit Salad and Yoghurt</p> <p><b>Lunch</b> BBQ Sausages/Bread Blueberry Muffins Crisps Fruit Bars</p> <p><b>Afternoon Tea</b> 2-Minute Noodles</p>	<p><b>Morning Tea</b> Make your own Fruit Sticks Make your own Sao Biscuits Decorate your own Cupcake (to take home)</p> <p><b>Lunch</b> Pasta Bake Garlic Bread</p> <p><b>Afternoon Tea</b> Pancakes</p>	<p><b>Morning Tea</b> Toasted Banana Bread Rockmelon and Pineapple</p> <p><b>Lunch</b> Spaghetti Bolognaise Spaghetti with Tomato Sauce</p> <p><b>Afternoon Tea</b> Cheese &amp; Crackers</p>	<p><b>Morning Tea</b> Shape Biscuits Oranges</p> <p><b>Lunch</b> Fresh Sandwiches with Vegemite, Jam or Honey Lamington Fingers Fruit Bars</p> <p><b>Afternoon Tea</b> Baked Beans on Toast</p>	<p><b>Morning Tea</b> Fruit Salad</p> <p><b>Lunch</b> Bread Rolls with Jam, Honey or Vegemite Choc Chip Muffins Crisps</p> <p><b>Afternoon Tea</b> Rice Cakes (Flavoured)</p>

**WATER IS SERVED AT ALL MEALS**

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